

TABLE TENNIS SPORT INFORMATION GUIDE

Table Tennis

Requiring lightning-fast reflexes and precise control, table tennis delivers rapid rallies and strategic plays. It's a game of finesse where every spin and serve can turn the tide.

Competition dates

Tennis competition for Open Masters Games Abu Dhabi 2026 (OMGAD2026) offers each athlete the opportunity to compete in three events: Singles, Doubles and Mixed Doubles.

The provisional Table Tennis competition schedule is as follows:

Table Tennis	February 7 Saturday	February 8 Sunday	February 9 Monday	February 10 Tuesday	February 11 Wednesday	February 12 Thursday	February 13 Friday	February 14 Saturday

All dates and times are subject to change, pending final entries received. A detailed schedule for each age category will be developed throughout 2025.

Venue: Abu Dhabi National Exhibition Centre (ADNEC)

 [Pin Location](#)

Competition Format

The events, divisions and age categories for Table Tennis are as follows:

Event	Division	Age Category
Singles	Competitive	Men's / Women's: 30+, 35+, 40+ 45+, 50+, 55+, 60+, 65+, 75+, 80+
	Recreational	
Doubles	Competitive	

	Recreational	Men's / Women's: 30+, 35+, 40+ 45+, 50+, 55+, 60+, 65+, 75+, 80+
Mixed Doubles	Competitive	Mixed: 30+, 35+, 40+ 45+, 50+, 55+, 60+, 65+, 75+, 80+
	Recreational	
Para Singles		Men's / Women's: 30+, 40+, 50+
Para Doubles		Men's / Women's: 30+, 40+, 50+
Para Mixed		Men's / Women's: 30+, 40+, 50+

For each team to be confirmed, a minimum of 2 athletes need to be registered, with a maximum of 4 athletes per team. The age of the youngest registered team member determines which age category the team will compete in and for the Games, your age is determined as of 31 December 2026. Each athlete can only enter to compete in one team.

If there are insufficient entries in an age category or division, these may be combined in order to conduct a viable competition. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category or division in which they originally entered.

In line with the sport-specific rules, an athlete can compete in a younger age group, however can only enter one age category and division per event.

Competition Details

The Table Tennis event will be conducted in line with the competition rules of the International Table Tennis Federation (ITTF), UAE Table Tennis Federation, or as otherwise specified in this document. All matches will be the best of five advantage games to 11 points.

Athlete and Event Eligibility

Athletes can enter into a maximum of three individual events - one singles, one doubles and one mixed doubles. The age category entered in each of the individual events can be either the athlete's actual age category or a younger category.

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In doubles and mixed doubles, the age category entered must be either the actual age category or a younger age category of the younger partner.

Example #1: an 84-year-old female athlete can enter into the 80+ or the 75+ or the 70+ or the 65+ etc women's singles. She can also enter into one double and one mixed doubles event for which the age category will depend on the younger partner.

Example #2: a 52-year-old male athlete can enter into the 50+ men's singles, 45+ men's doubles (with his 45-year-old male partner) and 35+ mixed doubles (with his 38-year-old female partner).

Example #3: a 49-year-old female athlete can enter into the 45+ women's singles and the 45+ women's doubles (with her 72-year-old female partner). She cannot enter the 70+ doubles event with her 72-year-old female partner.

Example #4: two 45-year-old male athletes (playing partners) can enter into the 45+ OR the 40+, OR 35+, OR 30+ men's doubles event, not more than one.

Competition Format

- Individual Events
 - Individual events will be conducted with the first stage of the singles events played as a three or four player round robin with the top two placed players from each group proceeding to the main draw.

Grade Definitions

The following grade definitions have been determined for the Table Tennis competition:

- **Competitive:** For all players who have competed at an international or national team level, and those who have competed in national, provincial/state championships, and club players.
- **Recreational:** This grade is for those who play in non-competitive leagues and for social and casual players.

The OMGAD2026 reserves the right to move athletes into a different grade.

Technical Delegate

The Technical Delegate endorsed by UAE Table Tennis Association will be announced in Version 2 of the Guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

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Equipment

ITTF approved competition table tennis tables, nets and balls will be provided for competition matches.

Athletes are advised to bring their own balls for training and also their own water bottles and strapping tape. Individuals are responsible for the safekeeping and storage of their own equipment.

Uniforms

Dress requirements for the sport are a shirt and shorts. Female athletes may wear a skirt if they desire. Footwear must have light non-marking soles to ensure the floor is not damaged.

The table tennis ball colour is white, therefore, players will not be permitted to wear white clothing.

Updates

This guide will be updated Version 2 by 1 September 2025. Important additional information will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae