

SQUASH SPORT INFORMATION GUIDE

Squash

Played in a fast-moving enclosed court, squash is a sport of endurance, agility, and quick reflexes. Masters' players will engage in intense rallies, showcasing speed and tactical shot placement.

Competition dates

Squash competition for Open Masters Games Abu Dhabi 2026 (OMGAD2026) will offer singles and mixed (doubles) competitions.

The provisional Squash competition schedule is as follows:

	February 7 Saturday	February 8 Sunday	February 9 Monday	February 10 Tuesday	February 11 Wednesday	February 12 Thursday	February 13 Friday	February 14 Saturday
Squash								

All dates and times are subject to change, pending final entries received. A detailed schedule for each age category will be developed throughout 2025.

Venue: Fatima Bint Mubarak Academy and Erth Hotel

 [Pin Location](#)

Competition Format

The OMGAD Squash competition will be held over 9 days. The events, grades and age categories for Squash are as follows:

Sport	Competition Division	Age Categories
Squash	Competitive (M/F) Singles (Individual)	Men's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+

	Mixed (Doubles)	Women's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+
	Recreational (M/F)	Men's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+
	Singles (Individual)	
	Mixed (Doubles)	Women's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+
	Team	

The age category you will compete in for Squash will be determined as at 7th February 2026. For example, if you are 39 during the Games but turning 40 before 7th February 2026, you will compete in the 40+.

Grade Definitions

The following grade definitions have been determined for the Squash competition:

- a) Competitive: This grade is for players who have competed at an international or national team level and players who have competed in national, provincial/state championships and competitive leagues.
- b) Recreational: This grade is for those who play in non-competitive leagues and for social and casual players.

Competition Details

The squash event will be conducted in line with the competition rules of the World Squash Federation (WSF), or as otherwise specified in this document.

All participants need to hold an international athlete license - which we call SPIN.

Singles/Individual Events

Players may only enter in one age category in the Singles competition.

To enable grading in the relevant division of the Singles competition, all players shall provide current performances in the relevant section of the registration system.

The OMGAD reserves the right to combine any categories where insufficient entries are received and to regrade entries where considered appropriate. A Swiss draw, knockout or round robin system will

operate for the Singles competition to cater for all standards. The format will be decided after close of entries. Each athlete is guaranteed a minimum of three matches.

- If up to 5 players, round robin system
- If 5 to 10 players, knock out system but losers play against each other
- If more than 10 players, knock out system

Technical Delegate

The Technical Delegate endorsed by WSF will be announced in Version 2 of the Guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

Equipment

Game squash balls, approved by WSF, will be provided for competition. Individuals are advised to bring their own balls for training. Individuals are advised to bring their own water bottles and strapping tape and are responsible for the safekeeping and storage of their own equipment.

Uniforms

Athletes must wear neat Squash clothing in accordance with WSF standards.

Updates

This guide will be updated Version 2 by 1 September 2025. Important additional information will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae